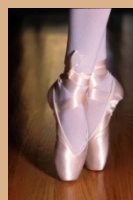


Congresswoman Eleanor Holmes Norton &  
Nigel Lythgoe from So You Think You Can Dance  
present

# National Dance Day

Saturday, July 31<sup>st</sup>  
3 pm to 7 pm on the National Mall \*

Performances ~~ Flash Dance ~~ Dance Instruction



SO YOU THINK YOU CAN  
**DANCE**

For more information, call Congresswoman Norton's  
District Office at (202) 783-5065

  
**DIZZY FEET**  
FOUNDATION

"National Dance Day and my resolution encourage Americans to live a physically active lifestyle and to have fun doing it. Organizing an annual National Dance Day in the nation's capital and throughout the country is a terrific way to promote fitness."

- Congresswoman Norton

Join us as we celebrate  
**National Dance Day on the National Mall**  
for a day filled with family fun as we pay  
tribute to all forms of dance!

Visit National Dance Day (Washington, DC)  
on [Facebook](#) for more information!

\*Located between 3<sup>rd</sup> & 4<sup>th</sup> Sts., NW on the National Mall.

"National Dance Day will empower, challenge and inspire everyone to try various styles of dance ranging from hip-hop to ballroom to anything that moves. Above all, it will encourage everyone to DANCE as a means to stay fit and be healthy."

- Nigel Lythgoe

## Performances by....

*B Fit*

*Beat Ya Feet Kings*

*Capitol Movement Project*

*Dance Institute of Washington*

*NCNW joined by Wanda Women Fitness*

*Dance Collective*

*DCypher*

*Fluria Flamenco*

*Gotta Swing*

*National Hand Dance Association*

*Souls of Steel*

*Step Afrika*

*Washington Ballet*

*Mamasita Movement & Wellness*